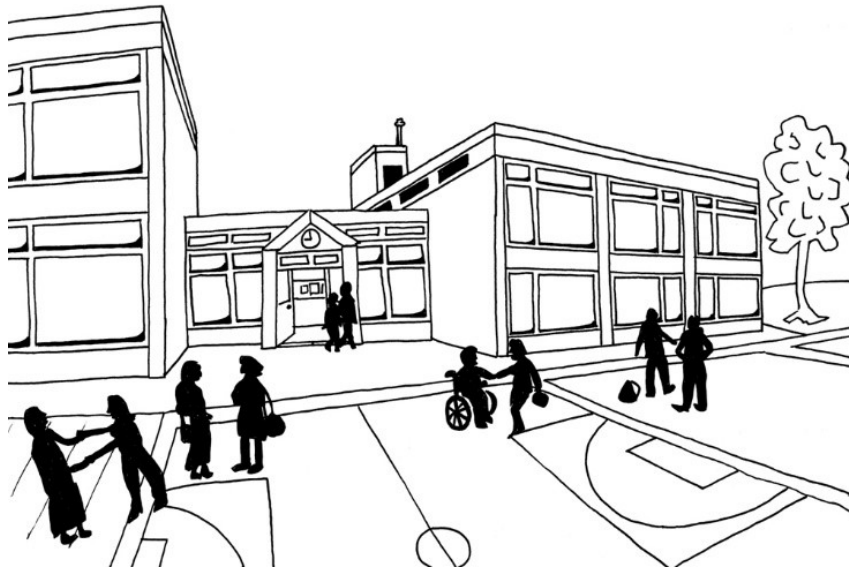




Have your say:

**Draft rules and guidelines about
the use of physical restraint in
kura and schools**



Published: February 2022

What is this document about?

Page number:



What is this document about?.....2



Draft rules for the use of physical restraint in kura / schools.....8



Draft guidelines for the use of physical restraint in kura / schools.....15



Have your say – what do you think of these draft rules and guidelines?19

What is this document about?



The Ministry of Education is looking at how **physical restraint** is used in kura / schools.



Physical restraint is:

- holding somebody to stop them from moving
- to stop somebody from hurting people.



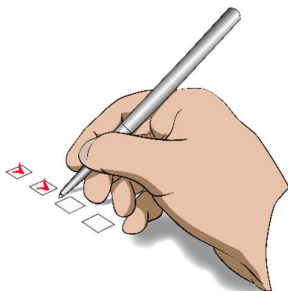
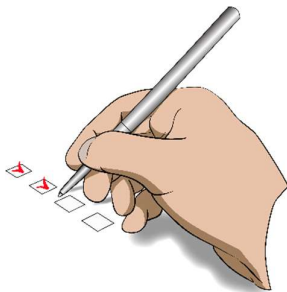
The Ministry of Education has been working with the **Physical Restraint Advisory Group**.

In the document we call the Physical Restraint Advisory Group the **Advisory Group**.



The Advisory Group is made up of:

- parents
- people who work in education like kura / schools
- people from the disability community.



The Advisory Group looked at the:

- rules that were written in 2017 about the use of physical restraint in schools
- **guidelines** that were written in 2017 about how physical restraint is used.

Guidelines assist people to learn about important things.



The Advisory Group looked at what changes are needed to the rules / guidelines.



The Advisory Group have written some new **draft** rules / guidelines about the use of physical restraint in schools.



Draft means writing something for the first time.

The draft gets changed after people say what they think about it.



The draft rules / guidelines:

- will meet the **rights** of:
 - children
 - parents / caregivers
 - people who work in schools.



- work to stop / **reduce** the use of physical restraint
- make it clear when / how physical restraint can be used
- say what needs to happen after physical restraint has been used.



Rights make sure that people are treated fairly.



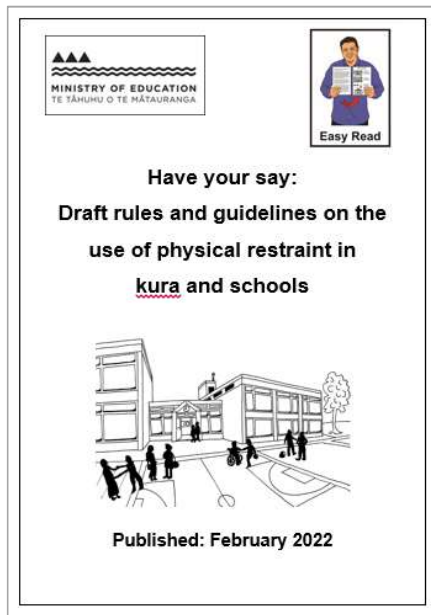
Reduce means to use or do something less often.



The Advisory Group wants to hear what people think of the draft rules / guidelines.



You have until 31 March 2022 to have your say.



In this Easy Read document you will find:

- an outline of the draft rules / guidelines
- a form for you to fill in to have your say about the draft rules / guidelines.



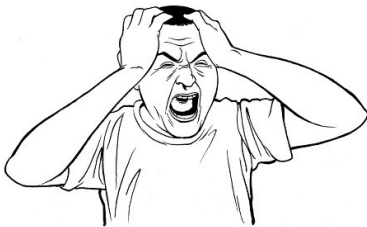
You can find more information on the Ministry of Education **website**:

<https://tinyurl.com/2ywurhzp>

Draft rules for the use of physical restraint in kura / schools



Schools must write support plans for students who are at greater risk of physical restraint.



A support plan would look at:

- what things might upset a student
- why these things might upset them
- what can be done so these things do not happen or upset the student.



Students are the children attending school.

Greater risk means that there is more chance that physical restraint may need to be used.



Having a support plan means parents / caregivers can work better with the school to support the student with their:

- learning
- wellbeing.



Wellbeing is about how we:

- look after ourselves
- feel about ourselves.



If physical restraint is 1 of the things in the support plan the parents / caregivers must give their **informed consent** to this being in the plan.



Informed consent means:

- understanding what is in the plan
- understanding when physical restraint may be used
- understanding how physical restraint may be used
- saying yes to physical restraint being used as it says in the support plan.



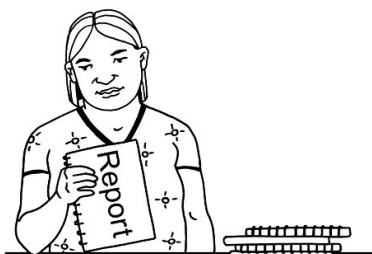
When physical restraint has been used schools must:

- **tell the parents / caregivers**
- **invite parents / caregivers to meet with the school to talk about what happened.**



It is important that schools talk with parents / caregivers so everyone understands what happened.

The school needs to tell parents / caregivers as soon as it can after physical restraint has been used.

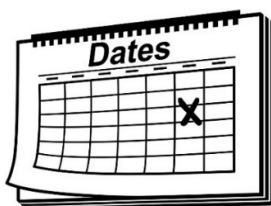


Schools will need to:

- write an incident report
- send the incident report to the Ministry of Education.



An **incident report** is a form that will tell you about what happened when physical restraint was used.



The incident reports will be used to:

- see how many times physical restraint is happening
- see who is being restrained
- think about how to **reduce** the use of physical restraint.



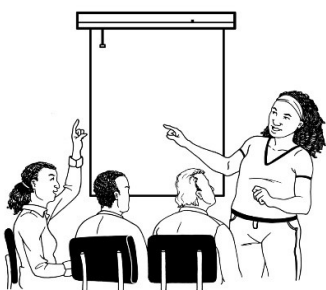
Schools will be able to use their **Student Management System** to send reports.

The **Student Management System** is how the school keeps information about the students they have at their school.



Schools will need to look at what training the people who work at their school might need.

The training would look at:



- what could be happening before the student gets upset
- any support needs the student might have at school
- what other things can be tried before physical restraint needs to be used.



People who work at schools who are likely to need to use physical restraint would be trained in how to use it in the safest way possible.

Draft guidelines for the use of physical restraint in kura / schools



The guidelines will help schools think about:

- **what might be upsetting a student**
- **any communication needs a student might have**
- **any support needs a student may have.**

This will mean schools can:

- **better support their students**
- **reduce or stop the need to use physical restraint.**





The guidelines will help schools with how to write a support plan for a student that looks at:

- **what leads to a student getting upset**
- **what can be done to meet the needs of the student.**



The support plan needs to:

- be done with the parents / caregivers
- be easy to read
- have clear steps about how to best support the student so physical restraint does not need to be used.





The guidelines will help schools understand what acceptable physical contact is.

Acceptable physical contact means touch that is okay.



Some examples of acceptable physical contact could be a teacher:

- giving a student a high 5
- holding the hand of a student to help them move out of the way of danger.





The guidelines will help schools understand how to use physical restraint in a safe way.



The guidelines will have information about how to use physical restraint in the safest way for:

- the student
- the person doing the physical restraint
- other students.



Have your say – what do you think of these draft rules and guidelines?

The Advisory Group wants to find out what people think of the draft rules / guidelines.



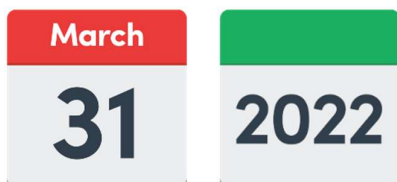
You can use this form to have your say about physical restraint.



You do not have to answer all the questions if you do not want to.



It is ok to ask someone to support you with filling in the question boxes.



You have until 31 March 2022 to have your say.

Questions about the draft rules

Please answer the question by putting a ✓ in one of the boxes below.

1. Do you agree that there should be support plans for students who physical restraint might be used on?

Yes ☐ No ☐

If you ticked No why is that?

2. Do you agree that schools need to:

- tell parents / caregivers after physical restraint is used**

- and**

- invite parents / caregivers to meet with them?**

Yes ☐ **No** ☐

If you ticked No why is that?

3. Do you agree that schools need to fill in an incident report every time physical restraint is used?

Yes ☐ **No** ☐

If you ticked No why is that?

4. Do you agree that the people who work in schools need training to reduce the use of physical restraint?

Yes ☐ **No** ☐

If you ticked No why is that?

Questions about the draft guidelines

Please answer the question by putting a ✓ in one of the boxes below.

5. Do you think draft guidelines will help schools understand how to support students better?

Yes ☐ No ☐

If you ticked No why is that?

6. Do you have anything else you want to say about the draft rules or guidelines?

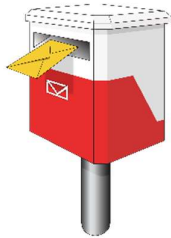


Thank you for filling in the form.



You can **email** your form to:

physicalrestraint.convo@education.govt.nz



You can **post** your form to:

Ministry of Education

Physical Restraint Review

PO Box 1666

Wellington 6140

DX Number: SR51201



This information has been written by the Ministry of Education.



It has been translated into Easy Read by the Make It Easy service of People First New Zealand Inc. Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Inc. Ngā Tāngata Tuatahi.



Make It Easy uses images from:



- Changepeople.org
- Photosymbols.com
- Sam Corliss
- Huriana Kopeke-Te Aho



All images used in this Easy Read document are subject to copyright rules and cannot be used without permission.

